

Suggestions for our Shared Community Munchies Coffee & Conversation Hour

share what you like!
ready to serve
provide serving utensils as needed
reusable platter please
take home any extras

Sweet & Savory/Salty ~20-24 single bites

Sweet – Yellow Stick

mini-muffin
brownie or blondie
cookies
biscotti
banana or other quick bread
doughnuts or doughnut holes
raisin bread/bagel
pastry
granola or fig bar

Salty/Savory – Orange Stick

cheese and crackers
celery sticks stuffed with cream
cheese or peanut butter
Deviled eggs
mini- sandwiches
hummus and pita
tortilla chips & salsa/guacamole
pretzels/popcorn/chips
nuts

Fresh Fruit or Vegetables – Green Stick

~16 ounces/one pound of toothpick-friendly, bite-size

Apple
Banana
Bell pepper
Carrot
Cauliflower florets
Celery
Fig
Grapes snipped in small bunches

Kiwi
Melon
Orange
Pineapple
Sugar snap pea
Strawberries
Fresh or roasted cherry tomatoes