



All of our children join us in the sanctuary at the beginning of the 9:30 a.m. service and then go from there with their teachers to their activities in the classrooms or to be with our childcare providers.

Sunday Services

The Fool's Tale of Peter Rabbit

August 7 @ 9:30 a.m.–10:30 a.m.

Thomas Atwood, of the **Fools Mission**, will explore the role of the fool in a personal and societal journey of transformation. If forcing oneself to change habitual modes of behavior doesn't work, what does? If a break with habitual thinking is at the heart of any spiritual practice, how do you get started? Thomas will combine insights from children's author Beatrix Potter, mythologist Joseph Campbell, and integral thinker Charles Eisenstein to develop some underlying themes: the foundational myths of our culture; the archetype of the fool; and how learning to distinguish fact from story can illuminate the journey and cultivate empathy. (See Sunday Supplement)

For All that is Our Life

August 14 @ 9:30 a.m.–10:30 a.m.

By Rev. Nina Kalmoutis

For All that is Our Life is the title one of my favorite hymns which includes the line "... for all life is a gift which we are called to use to build the common good..." In this election year cycle I find myself considering the concept of what the "common good" is as it relates to our country and to our congregation.

Welcome Back Water Ceremony

August 21 @ 9:30 a.m.–10:30 a.m.

All are invited to bring a small amount of water from a trip you made this summer, or water from your kitchen sink or garden hose if you spent your summer at home. As we do each year, we will come together to celebrate our community as we watch the water that we bring mingle with the water others bring, and share with one another what it is that keeps us coming back to this congregation.

On Aging

August 28 @ 9:30 a.m.–10:30 a.m.

By Rev. Nina Kalmoutis

Kris Mordan, in her description for her upcoming class, notes that "Aging is something we are all doing from the moment we are born." Reading those words reminded me that no matter what our age, we are all walking this path—with its gifts and its challenges.

Sunday Supplements

About Fools Mission

August 7 @ 11:00 a.m.–12:00 p.m.

In The Chapel

Thomas Atwood of **Fools Mission** will conduct a sharing circle/discussion time. Join us for this opportunity to ask questions and hear more about this exciting new lay ministry here on the Peninsula.

Thomas is a cofounder/organizer with Fools Mission, a sister organization of the **Faithful Fools Street Ministry** in San Francisco. He is a member of UU Redwood City and lives in Palo Alto with his wife, Debbie Mytels. Thomas is also an Associate of the **Westar Institute**, and has developed a clown alter ego in Alfonzo the Conjuring Fool. Alfonzo's clowning and magic are intended to increase awareness of mystery—not to mention the real-world misdirection, cons, and shell games going on all around us.



Events

Summer Concert

August 21 @ 2:00 p.m.
In The Chapel

Our annual concert features wonderful singers and musicians from our talented UUFS community. Everyone is welcome! As a fundraiser for our Fellowship, tickets are \$20.00 at the door for those who did not already bid at our Silent Auction. Please mark your calendars as this is a special event you won't want to miss! Contact Alan Herrmann at choir@uufs.org with any questions.

Classes & Workshops

New! Class on Aging

When: Fridays 1:30 p.m.–3:00 p.m. for six weeks beginning September 9, 2016

Where: Sept. 9th in The Chapel; following classes will be held in The Beautiful Space

Facilitators: Kris Mordan and Sharon Elliot

We will be looking at many aspects of aging—something we all begin doing from the moment we are born. Over the course of this series, we will explore:

- What's good/bad about growing older
- Healthy aging
- Facing death and loss
- Services
- Resources
- Helpful forms
- Laws and practices

Classes are open to all UUFS members and friends young or old, though this first series will be limited to 10 participants. Look for a sign-up sheet at the Connections Table in Shephard Hall. Don't be disappointed if you do not get into this first series of classes because we will offer it again.

Recommended Reading for this class includes Atul Guwande's *Being Mortal* and Katy Butler's *Knocking on Heaven's Door*. E-mail aging@uufs.org if you would like more information about this class.

See our [Classes & Workshops](#) page for classes as they are introduced.

Reading & Book Groups

Introducing the UUFS Rolling Library

Our UUFS Rolling Library will make its debut on Sunday, August 14th in Shephard Hall during our time for coffee and conversation. Please stop by to welcome our UUFS Librarian, Vidhya Ramachandran, and to check out our book collection. Contact Vidhya at librarian@uufs.org.

Women's Book Group

August 25 @ 10:00 a.m.–12:00 a.m.
At Marge Goka's

Our next book is *The Rosie Effect*, by Graeme Simsion, the sequel to the entertaining *The Rosie Project*, which we read in 2015. Contact is womens.book.group@uufs.org.

Social Action Book Group

August 28 @ 11:00 a.m.–12:30 p.m.
In Room 9

We will be discussing the book *The Righteous Mind*, by Jonathan Haidt, which looks at why good people are divided by politics and religion. Haidt is a social psychologist who explores human moral development and asks intriguing questions such as “How rational are human beings?” “Why are humans so “groupish?” and “Why can't we disagree more constructively?” Whether you have read the book or not, feel free to join us for this discussion. If you have questions, please contact Janine Reed at life.enrichment@uufs.org.

Watch our [Recommended Reading](#) page for these and other books you might enjoy.

Monthly Calendar

