



October 2015
Unitarian Universalist Fellowship of Sunnyvale
Sunday Services and Calendar of Events



All of our children join us in the sanctuary at the beginning of the 9:30 a.m. service and then go from there with their teachers to their activities in the classrooms or to be with our childcare providers.

October 4th 9:30 a.m. City Planning, Sustainability and the Interconnected Web

UUFS member Ursula Syrova writes, “With all the building, building, building going on in Sunnyvale, we may wonder why it is happening or what are the Powers that Be thinking and where is the sustainability in all of it? Ready or not, Sunnyvale finds itself in the middle of a web of mega world-famous companies. Where those workers live, and how or where the community support staff for those workers live, is going to challenge us in many ways. There is some method to the madness though, and I'll talk a little bit about what I learned when I was on the committee that helped draft the Climate Action Plan and update the Land Use and Transportation Element for the City.” Come hear more from Ursula this Sunday.

October 11th 9:30 a.m. Gender Identity - The Next Crusade for Inclusion

The “T” in LGBT includes the transgender, or gender-variant population, and is still not well understood by many. We need to understand what being transgender really means, acknowledge the challenges, debunk urban myths, and learn how to support and embrace each other as members and allies of the transgender community, who are blended with us everywhere.

Riya Suising will be presenting this topic, summarized from her workshop "Gender Virtualization: Biology and the Bathroom" presented at the Out and Equal Workplace Summit from 2008-2014 to Fortune 500 companies' HR and Diversity professionals. Riya identifies as a member of the LGBT community and is a Silicon Valley tech professional and entrepreneur in the health and fitness industry. Her passion for this gender identity topic has helped other individuals understand and prepare for smoother gender transitions and community inclusion.

This service will be followed by a time for questions and answers and discussion with our speaker at 11:15. If you need childcare to attend this event or have questions, please e-mail minister@uufs.org by Oct. 4th

October 18th 9:30 a.m. The Courage to Choose & Our Fall Concert

“Chief among the obstacles to getting involved in our communities is the mistaken belief that anyone who takes a public stand...has to be a larger-than-life figure, yet even historic figures often started in modest ways and had as many failures as successes.” From “Soul of a Citizen: Living With Conviction in a Cynical Time” by Paul Rogat. Choosing to get involved is the first step. The courage to do that is what we can inspire in each other. This Sunday we will look at the lives of some of the many who have dared to choose.

Mark your calendars for the UUFS Fall Concert this Sunday from 2:00 to 3:00 p.m. The concert will be held in the chapel and will have a short intermission (but not a lunch). The program will feature performances by members of our congregation including the choir and the I Hope Band. A suggested donation of \$20 will be collected, and is waived for those who pre-paid at the service auction. Don't miss it! If you need childcare to attend this event, please e-mail religious.education@uufs.org by October 11th.

October 25th 9:30 a.m. TBA

October 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><u>UUPS Office Hours</u> Wednesdays & Thursdays 11 a.m. – 2:00 p.m. Fridays 10 a.m. – 12 p.m.</p>				<p>1 Meditation 8:30-9:30 a.m. Covenant Group 7:15 p.m. covenant.groups@uufs.org UUPS Choir 7 p.m.</p>	2	3
<p>4 9:30 a.m. Service 10:45 a.m. Welcome Circle Rm 9</p>	<p>5 Insight Meditation 7 p.m. Beautiful Space insight.meditation@uufs.org</p>	<p>6 R.E. Committee Meeting 7 p.m. Patty Petrie religious.education@uufs.org</p>	<p>7 Genesis Meeting 7:30 p.m. genesis.group@uufs.org</p>	<p>8 Meditation 8:30-9:30 a.m. UUPS Choir Rehearsal 7 p.m.</p>	9	<p>10 Spiritual Support Group 10 a.m. (Contact Janna Mitchell) Circle Suppers contact Ursula Gobets circle@uufs.org</p>
<p>11 9:30 a.m. Service 11 a.m. Social Justice Committee Meeting Room 7</p>	<p>12 Insight Meditation 7 p.m. Beautiful Space</p>	<p>13 Men's Group 7 p.m. mens.group@uufs.org</p>	<p>14 Family-Friendly Dinner Panera Bread 118 E. El Camino Real, Sunnyvale 5:30 p.m. - 7:30 p.m. (come when you can) family.friendly.dinners@uufs.org Board of Trustees Mtg. 7 p.m. board.president@uufs.org Bookkeeper in the office</p>	<p>15 Meditation 8:30-9:30 a.m. meditation@uufs.org UUPS Choir Rehearsal 7 p.m. music@uufs.org</p>	<p>16 *October calendar of events entries due office@uufs.org</p>	17
<p>18 9:30 a.m. Service UUPS Fall Concert 2 p.m. Chapel</p>	<p>19 Insight Meditation 7 p.m. Beautiful Space</p>	20	<p>21 Connections Team Meeting (aka Membership) 7 p.m. Regular Meeting Location connections@uufs.org</p>	<p>22 Meditation 8:30-9:30 a.m. Women's Book Group 10 a.m. Home of Heather Hyde (Book Selection: <i>Howard's End</i>) UUPS Choir 7 p.m.</p>	23	24
<p>25 9:30 a.m. Service 11 a.m. Play Reading Room 7 play.reading@uufs.org</p>	<p>26 Women's Group 10:30 a.m. womens.group@uufs.org Insight Meditation 7 p.m. Beautiful Space</p>	<p>27 Men's Group 7 p.m. mens.group@uufs.org</p>	<p>28 Bookkeeper in the office</p>	<p>29 Meditation 8:30-9:30 a.m. UUPS Choir Rehearsal 7 p.m.</p>	30	31

Come Meet Other UU's at Monte Toyon Retreat Center in Aptos, Nov. 13 - 15.

Like to sing songs around the campfire? Play Frisbee Golf? How about taking your kids for a walk in the redwoods? Eat yummy breakfasts and delicious dinners - *cooked by someone else?! Want to make candles? Try your hand at beads or origami? Plus table games, jigsaw puzzles - and MORE!*

UU Sunnyvale members and friends are invited to join with UUs from the Redwood City Fellowship at our annual retreat at Monte Toyon Center in the Santa Cruz Mountains, **Friday, Nov. 13 - Sunday morning, Nov. 15.** Come meet some other UU's, and let's share what our congregations are doing - along with having some fun!

Meals are buffet style in a big dining room, with yummy homemade bread! We'll sleep in reserved rooms in the lodge; each has two bunk beds, sleeping four people. If you have less than four in your party, you may be asked to share a room. The rooms are heated and carpeted, with common showers and bathrooms down the hall. Childcare will be provided for kids under 6 part of the time on Saturday.

You can stay for the whole time (two overnights & five meals) - or just come for the day on Saturday. *Good news - we are able to keep the full weekend price at the same level as last year!* Here's the price list:

Monte Toyon Retreat Price List for 2015

	<i>Adults</i>	<i>Kids (6-11)</i>
<i>Full weekend</i>	<i>\$199</i>	<i>\$122</i>
<i>One night/day lodging</i>	<i>\$62</i>	<i>\$36</i>
<i>Sat. day use only</i>	<i>\$36</i>	<i>\$20</i>
<i>Dinner</i>	<i>\$18</i>	<i>\$12</i>
<i>Breakfast</i>	<i>\$12</i>	<i>\$8</i>
<i>Lunch</i>	<i>\$16</i>	<i>\$10</i>

Kids ages 5 and under attend at no cost. Partial scholarships are available - please mark a request on your registration form. **Registration deadline is Sunday, Nov. 8th.** Please send checks and completed forms to Debbie Mytels, UUFRC Retreat Chair, 2824 Louis Road, Palo Alto, CA 94303 so that she will receive it no later than the deadline of Sunday, Nov. 8. **QUESTIONS??** DEBBIE MYTELS (dmytels@batnet.com) or call her at (650) 856-7580

UUFRC Monte Toyon Retreat Registration Form November 13 – 15, 2015

As usual, first-come, first-reserved for the overnight spaces!! Please complete one form per person/family/group.
 Registration deadline is **Sunday, November 8**

Telephone number _____ Email address _____

	Full Name of Each Attendee	Age, If 11 or under	Full Weekend ?? (yes/no)	If part time, when?							Cost See Rates on Back	
				Facility Use Fee			Meals					
				Fri Night	Sat Day	Sat Night	Fri Dinner	Sat Break	Sat Lunch	Sat Dinner		Sun Break
1												
2												
3												
4												
5												
6												
Total Cost												
Donation to Scholarship Fund												
<i>THANK YOU!</i>												
Total Amount Enclosed												

_____ Check here if you request a Partial or Full Scholarship. We will contact you to discuss.

Any special food requirements in your party??? Please tell us which persons & type of requirements: gluten-free, vegetarian, vegan, lacto-ovo, etc. _____

***** **IMPORTANT DETAILS ON BACK - PLEASE SEE NEXT PAGE** *****

Rate Information:

Full Weekend includes lodging & meals from dinner on Friday night through breakfast on Sunday morning. Children 5 & under are free. If you want to come only for the day on Saturday, day rates and meal rates are listed below:

	Adults (ages 12 & up)	Children (ages 6-11)
Full Weekend:		
Includes 2 nights' lodging & all 5 meals	\$ 199	\$ 122
Partial Weekend:		
Lodging for one night (either Friday or Saturday) plus Saturday day use	\$ 62	\$ 36
Saturday day use/activities only (for those not spending either night)	\$ 36	\$ 20
Meal Prices for partial weekend participants:		
Breakfast (each)	\$ 12	\$ 8
Lunch Saturday	\$ 16	\$ 10
Dinner (each)	\$ 18	\$ 12

Scholarship Fund:

We want everyone to have the opportunity to attend the Retreat and enjoy our community together. Whether on partial or full scholarship, a minimum payment of \$25 per person/family/group is needed to hold your place. **Contributions toward the Scholarship Fund help us meet our goal of including all.** Even a small contribution will help others be able to attend – see box on other side.

Special Note to Parents of the “5 & Under” Set:

Childcare will be provided on Saturday for a few hours for children 5 and under. Monte Toyon Retreat Center *does NOT* have toys; please bring age-appropriate toys that can be shared. Examples are blocks, large Legos, dress-ups, puzzles, etc.

Checks should be made out to UUFRC with “Annual Retreat” on the subject line or somewhere prominent. Please send checks and completed forms to Rev. Kalmoutis or mail to Debbie Mytels, UUFRC Retreat Chair, 2824 Louis Road, Palo Alto, CA 94303 so that she will receive it no later than the deadline of Sunday, Nov. 8.

QUESTIONS?? DEBBIE MYTELS (dmytels@batnet.com) or call her at (650) 856-7580

Registration Deadline: SUNDAY, NOVEMBER 8, 2015