



February 2016
Unitarian Universalist Fellowship of Sunnyvale
Sunday Services and Calendar of Events

All of our children join us in the sanctuary at the beginning of the 9:30 a.m. service and then go from there with their teachers to their activities in the classrooms or to be with our childcare providers.



This month in our Sunday services and supplements we explore some of the many ways in which we are each a part of the interdependent web of all existence.

February 7th 9:30 a.m.
Seeking Knowledge at The Edge of the Solar System: A Discussion of the Pluto System's Discovery and Exploration

Join us this morning to learn about the Pluto system. A century ago, astronomers thought there might be another planet past Neptune - and the search was on! In 1930, Clyde Tombaugh found it, and in 1955 he and his wife helped found the Unitarian Universalist Church of Las Cruces, New Mexico. In 2001, NASA approved the New Horizons mission to explore the Pluto system; in 2006 the spacecraft left the Earth; and last summer it flew past Pluto, its large companion, Charon, and observed other small moons that pirouette around Pluto where the Sun is only a bright speck.

Ross Beyer, our own UU Planetary Scientist and member of the New Horizons mission to Pluto and beyond, talks about the history of the discovery of this small icy world at the edge of our solar system, and its exploration by the instruments of the New Horizons spacecraft as he reflects with us about the appeal of Unitarian Universalism for a scientist.

February 14th 9:30 a.m.
"What's Love Got to Do With It?"
Come and Find Out This Sunday!

February 21st 9:30 a.m.
No Man Is An Island

In 1624 English poet and cleric, John Donne wrote words in a poem which have become immortal "No man is an island." In today's world as we try to deal with the challenge of millions of refugees, forced to leave their homes and how to provide for them; as we try to balance security with the call to offer them sanctuary; as we hear divisive words

and hate - filled rhetoric and try to understand the fear that we may harbor for that which is foreign to us; as we try to deal with the inequities throughout the world that allow some to thrive while others die prematurely for lack of food and adequate medical care - the ultimate question still remains - how will we, as human beings - learn to co-exist cooperatively on this spinning blue ball that is our only home, for now?

As part of our service this morning we will host two women who will speak as part of our service at 9:30 and will also join us for supplement after the service discussing their work in Kathmandu, Nepal. Dr. Christine Schutz and Dr. Nancy Williger, are Executive Director and the Board President of Mitrata Nepal Foundation for Children, a non-profit organization that provides education, healthcare, housing and personal development to over 100 children in Nepal.

The word Mitrata means "friendship" in the Nepali language and this organization fosters friendships between sponsors in the United States and children in Nepal. The organization provides shelter, medical care, and educational opportunities for these children in order to help them become healthy, educated, economically independent citizens of Nepal.

Nepal is one of the poorest countries in the world and in the last year, the people have suffered the effects of a devastating earthquake and government instability leading to a blockage of goods coming into the country from India. There is no infrastructure in Nepal to help the economically deprived people and, as a result fifty percent of the children are malnourished and only a quarter of them live with adequate sanitation. Mitrata Nepal Foundation for Children has been active in Nepal since 2002 and has helped over 150 children. The organization conducts trips to Nepal for the sponsors and many of the sponsors have met the children that they help. Come learn about Nepal and the work of one organization trying to make a difference in the life of a child - one child at a time.

Dr. Nancy Williger is a social worker and a psychologist in private practice in St. Louis, Missouri. She has roots in the Bay Area and attended the University of California, Santa Barbara and University of Southern California. She has been involved in Mitrata Nepal Foundation for Children since its beginning in 2002 and is currently the board president of the organization and sponsors two children in Nepal. She is a member of Eliot Chapel, a Unitarian Universalist church in Kirkwood, Missouri.

Dr. Christine Schutz is a Licensed Psychologist who has been in private practice for over thirty years and has served as faculty at Saint Louis Community College and University of Missouri St. Louis. She holds psychology degrees in both clinical and organizational areas from Southern Illinois University and the University of Missouri. Dr. Schutz is the volunteer Founder and Executive Director of the Mitrata - Nepal Foundation for Children.

February 28th

9:30 a.m.

**Fiat Lux: Energy and the Interconnected Web
Presented by UUFS Member Ursula Syrova**

Humans have been interested in creating light and warmth for ages. From whale oil to fracking to solar panels we've been staying warm and keeping the lights on in amazing leaps of technology, but there always seems to be a dark side to the light. Even as utility rates climb, are we really paying the true cost of the power? What are the "externalities" we don't want to see? What are some of the promising solutions on the horizon? A charged exploration!

11 a.m.

Following the service we will host a Supplement Presented by Nupur Hiremath, Sustainability Coordinator for the City of Sunnyvale and Bailey Hall, Environmental Programs Fellow, City of Sunnyvale.

Save energy and money at home and win for the City: Sunnyvale is a semi-finalist in an energy-saving competition for the \$5 million Georgetown University Energy Prize - join City staff to learn about ways you can save energy, use free DIY Energy Saving Kits, and participate in a fun energy quiz! Read more at: Energize.InSunnyvale.com.

What is the Georgetown University Energy Prize?
The Georgetown University Energy Prize is a national competition among mid-sized communities (5,000-250,000 in population) to reduce per capita energy usage in the residential, municipal, and public school sectors. The competition period lasts from January 2015 through December 2016. There are fifty communities across the county competing. The City that does the best job at reducing overall energy usage will win a \$5 million prize that can be used for future community energy programs.

Communities participating in the challenge will work toward developing innovative, replicable, and scalable models for achieving significant and lasting energy savings.



New Schedules for Classes & Workshops

Being a Unitarian Universalist Parent led by our Director of Religious Education, Patty Petrie, is geared to helping parents better understand and interpret Unitarian Universalist values to their children. This class is currently scheduled to be held March 6th though April 3rd. Please contact Patty Petrie at religious.education@uufs.org for questions or to sign up to participate.

Evensong, led by Reverend Nina Kalmoutis, is a series of gatherings with the goal of deepening both spiritual awareness and fellowship. This class will be scheduled based on participants' availability. The creator of this curriculum recommends that we have as close to eight participants as possible to offer this series of gatherings. So if you have been thinking of signing up, please join the three people who have already committed to the first three sessions of the series so that we can schedule a block of time that works for everyone. For questions or to sign up, please contact Rev. Nina at minister@uufs.org.

Check out our Classes & Workshops page for more information on these two classes
<http://www.uufs.org/education/classes-workshops/>



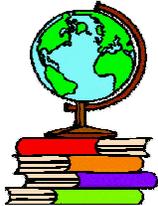
All Ages are Invited to Our Annual Valentine's Day Game Night and Potluck

Saturday, February 13th 6:00 p.m.- 8:30 p.m.
Shephard Hall

Join the fun and bring a friend for our Annual Valentine's Day Game Night and Potluck. This is a great opportunity for all ages to come together for a really good time. Bring a dish to share with your fellow gamers and your favorite game to play and be prepared for merriment. Please contact Patty Petrie, Director of Religious Education, if you have any questions at religious.education@uufs.org

UUFS Social Action Book Group

February 21st 10:45 a.m.-12:45 p.m.
Room 7
Book: *Detroit: An American Autopsy*
by Charlie LeDuff



The UUFS Social Action Book Group meets regularly to discuss books on the topic of social justice and social action. All are welcome to join us. The group chooses books recommended from within the group or by the Justice and Spirit online UU Book Club. Contact the group's facilitator, Janine Reed at life.enrichment@uufs.org with any questions. There will be no meeting in March.

Future Meeting Date and Book Selection:
Sunday, April 3rd *Destiny Disrupted: A History of the World Through Islamic Eyes* by Tamim Ansary

If you purchase books through our Recommended Reading page, UUFS will receive a donation from Amazon (<http://www.uufs.org/recommended-reading/>)

UUFS Serving Dinner at Cold Weather Shelter
February 23rd at 6 p.m.

Until the end of March UUFS will serve dinner once per month at Home First's Cold Weather Shelter on the 4th Tuesday of every month. On the two Sunday's prior to the dinner we'll ask volunteers to sign up after the service to bring main dishes for 12 or multiples of 12, and cookies for dessert. Main dishes should be brought to the



shelter ready to serve at 6:00 pm on the day of the dinner but cookies can be brought to church the Sunday before the dinner or to Sarah's home up to mid-afternoon on the day of the dinner. The shelter is at 1120 Innovation Way in Sunnyvale near Mathilda Avenue and Innovation Way.

New and gently used warm clothing including underwear and socks are always needed and can be sent to the shelter with volunteers bringing food for dinner. Also needed are new or used backpacks and towels. See Sarah to sign up or for any questions you have.



Pledge Parties 2016-17

Sign-up sheets will be available in Shephard Hall after Sunday Services.

Saturday Feb. 6 7:30 p.m. Dessert and beverages at Richard Govea's home. Hosted by Richard Govea and Martha Schumacher. Maximum 10 people.

Sunday Feb. 7 10:45 a.m. Goodies in Room 9. For RE Parents. Childcare provided. Ursula Syrova and Peg Stephan. Any number of participants.

Sunday Feb. 14 Noon. Valentine's Day Lunch at Dave and Patty Flack's home. Maximum 8 people

Saturday Feb. 20 4:00 p.m. Wine & cheese at Mary Ellen Bercik and Phil Nies' home. Maximum 10 people.

Sunday Feb. 21 11:00 a.m. Light lunch in Room 9. Scott Walker. Childcare provided (if requested). Any number of participants

Friday Feb. 26 7:30 p.m. Dessert and beverages at Janna Mitchell and Rick Gable's home. Maximum 8 people.

Sunday Feb. 28 11:00 a.m. Light lunch in Room 9. Scott Walker and Dave Flack. Childcare provided (if requested). Any number of participants.

Saturday Mar. 5 Noon. Lunch at Teri Wiss and Dave Fifield's home. Maximum 10 people.

February

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Insight Meditation 7 p.m. Beautiful Space insight.meditation@uufs.org	2 R.E. Committee Meeting 7 p.m. Patty Petrie religious.education@uufs.org	3 Genesis Meeting 7:30 p.m. genesis.group@uufs.org	4 Meditation 8:30-9:30 a.m. UUFS Choir Rehearsal 7 p.m. Covenant Group 7:15 p.m. covenant.groups@uufs.org	5	6 Pledge Party 7:30 p.m.
7 9:30 a.m. Service 10:45 a.m. Pledge Party	8 Insight Meditation 7 p.m. Beautiful Space	9 Board of Trustees Mtg. 7 p.m. Shephard Hall board.president@uufs.org Men's Group 7 p.m. mens.group@uufs.org	10 Bookkeeper in the office	11 Meditation 8:30-9:30 a.m. meditation@uufs.org UUFS Choir Rehearsal 7 p.m. music@uufs.org	12	13 Spiritual Support Group 10 a.m. (Contact Janna Mitchell) Circle Suppers contact Ursula Gobets circle@uufs.org All Ages Game Night & Potluck 6 p.m. Shephard Hall
14 9:30 a.m. Service 11 a.m. Social Justice Meeting Room 7 12 p.m. Pledge Party	15 Insight Meditation 7 p.m. Beautiful Space *March calendar of events entries due office@uufs.org	16 Connections Team Meeting (aka Membership) 7:15 p.m. Shephard Hall connections@uufs.org	17 Family-Friendly Dinner Black Angus 740 El Camino Real 5:30 p.m. - 7:30 p.m. (come when you can) family.friendly.dinners@uufs.org	18 Meditation 8:30-9:30 a.m. UUFS Choir Rehearsal 7 p.m.	19	20 Pledge Party 4 p.m.
21 9:30 a.m. Service 10:45 a.m. Social Action Book Club Rm 7 11 a.m. Supplement Pledge Party 11 a.m.	22 Women's Group 10:30 a.m. Home of Carol Gontang womens.group@uufs.org Insight Meditation 7 p.m. Beautiful Space	23 Dinner at Cold Weather Shelter 6 p.m. Men's Group 7 p.m. mens.group@uufs.org	24 Bookkeeper in the office	25 Meditation 8:30-9:30 a.m. Women's Book Club 10 a.m. Home of Heather Hyde Book: <i>The Boys in the Boat</i> . UUFS Choir Rehearsal 7 p.m.	26 Pledge Party 7:30 p.m.	27
28 9:30 a.m. Service 11 a.m. Supplement Pledge Party 11 a.m.	29 Insight Meditation 7 p.m. Beautiful Space				<u>UUFS Office Hours</u> Wednesdays & Thursdays 11 a.m. – 2:00 p.m. Fridays 10 a.m. – 12 p.m.	