



## September 2013

### **Unitarian Universalist Fellowship of Sunnyvale**

Our Family Service will resume on Sunday, September 22<sup>nd</sup>.  
Childcare is available from 10:00 a.m.– 11:15 a.m. for infants and toddlers. If you have any questions, or need childcare for an event after the 10:00 service please contact Patty Petrie, Director of Religious Education at [religious.education@uufs.org](mailto:religious.education@uufs.org) at least one week before the event.



**We are a  
Welcoming  
Congregation**

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#### **September 1<sup>st</sup> 10:00 a.m. Working for a Living**

On Labor Day Sunday: Some Thoughts on the Meaning of Work in Our Lives.

**Sunday Supplement 11:30 a.m.** Moral Mondays is a social justice movement in Raleigh, North Carolina to protest the adoption in the NC legislature of ALEC written legislation detrimental to many; this includes legislation to disenfranchise voters from some backgrounds. I will present information, but I am not sure I can present for an hour, so please make your lunch plans flexible. Presented by UUFS member Anita Herrmann.

#### **September 8<sup>th</sup> 10:00 a.m. The Jewish High Holidays**

The Jewish New Year begins at sundown on September 4<sup>th</sup> this year and Yom Kippur begins at sundown on the 13<sup>th</sup>. This Sunday we will celebrate the rich roots of a religious heritage that is linked to Unitarian Universalism.

#### **September 15<sup>th</sup> 10:00 a.m. Our Welcome Back Water Service**

This is the Sunday that we bring a small amount of water - real or imagined - from a trip you made this summer - or from a garden hose or your kitchen sink! Come mingle the waters of your summer with others and share in our community's joy at coming back together again. Following the service, please join us for a Potluck Picnic at Serra Park. (Please see next page for details).

#### **September 22<sup>nd</sup> 9:30 a.m. Family Service**

I would like to invite our whole congregation to this Family Service where we will recognize the individuals who will be teaching in our Religious Education Program this year. Without these dedicated volunteers we wouldn't have a Religious Education Program! Please join us to celebrate our teachers. Patty Petrie, Director of Religious Education.

#### **10:00 a.m. Weaving Our Stories**

Members of Carol MacFarlane's Monday evening's "Weaving our Stories" group will share from their writings on various topics in their guided autobiography.

**Sunday Supplement: 11:30 a.m.** Come and watch the DVD "Borderless Dreams" about the daily struggles and successes of some immigrants who are also your neighbors. A panel from the Day Worker Center of Mountain View will also answer your questions and tell us about the Center, which is a place to connect day workers and employers, as well as providing empowerment through job skills training and education. Presented by the UUFS Social Justice Committee.

#### **September 29<sup>th</sup> 9:30 a.m. Family Service**

**10:00 a.m. Y.B.U.U.? Take 2 "Who Are We? Where Are We Going? How Will We Get There?"**

Questions in a time of cultural shifts.

## A Spiritual Support Group

UUFS Spiritual Support Group, a place to explore and nurture spiritual growth, usually takes place on the second Saturday morning of the month, from 10 a.m. to 11:30 a.m. Due to our facilitators' vacation schedule there will be no meeting in August and September. Our next meeting will be on Saturday, October 12, 2013. UUFS members and friends are all welcome to attend. Please contact Janna Mitchell for group location details: [jannaemg@gmail.com](mailto:jannaemg@gmail.com) or (408) 393-8553.

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## Our Second Sunday Community Offering Sunnyvale Community Services

On Sunday September 8<sup>th</sup> all offerings with the exception of cash donations in envelopes designated as PLEDGE or UUFS ONLY and checks with the same designations in the memo line will be given in support of Sunnyvale Community Services, an agency that gives emergency financial aid, food and other kinds of help to prevent hunger and homelessness in this area that is, unfortunately, becoming known for its increasing income disparity. We have lots of millionaires along with very high home prices and unaffordable rents that make it increasingly difficult for low income people to maintain a decent standard of living.

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## Our September Family-Friendly Dinner

Is anyone willing to host our Family-Friendly Dinner this month? It can be held at a place of your choosing on Wednesday, September 18<sup>th</sup> from 6:00 p.m. to 8:00 p.m.

If you are interested in hosting, please contact Sara White at [social.events@uufs.org](mailto:social.events@uufs.org).

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## The UUFS Welcome Back Potluck Picnic Sunday, September 15<sup>th</sup>

Come join the fun after the 10:00 service at Serra Park for a BBQ Potluck Picnic. Bring your kids! Bring your dogs on their leashes and let them meet some other UU dog friends! Bring whatever you would like to BBQ and a dish of some kind to share. The grill will be ready by noon.

## UUFS is a Sharing Community

New friends of UUFS may not realize what a sharing community we have. Our members and friends recognize that we value people more than things. Similarly, we want the use of things more than ownership of material goods.

We can live more connected to others and more simply by sharing the use of our possessions and sharing our talents. Over the last few months, I know that friends and members have tried to assist in loaning a keyboard, luggage, a bed frame, and summer use of an instrument. Seams have been sewn, resources provided (for electricians, accountants, computer repair, knife sharpening, home improvement, and more), and garden produce shared. I hope to be bringing more hot peppers for some time and if the birds and squirrels allow, I'll have apples, too.

I've had questions about the missing UUFS Swap Meet and Garage Sale. Yes, it stalled out after we realized we had no place to store items. We did talk about the possibility of doing something on a much smaller scale. I know I have many things that would love to find a new home! Some of us provided houseware items for a family displaced by an apartment fire. I don't know if we will garner the energy to move on having a garage sale. Stay tuned to find out...In the meantime, feel free to contact me directly or at [simplify@uufs.org](mailto:simplify@uufs.org).

Namaste,  
Teri Wiss

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## Life Enrichment Programs

Would you like to get to know more people in the congregation better while learning more about a variety of topics and deepening our sense of community? The newly formed Life Enrichment Committee is working on a curriculum to help enable this. Here are some of the workshops we are planning to offer in the Fall:

**Sharing Thoughts and Feelings About Our Mortality.** Loren Wright and David Lawrence have created this series of classes based in part on Stephen Levine's book "A Year to Live." Participants will explore facts and feelings around aging, death and dying in a supportive environment.

Carol MacFarlane is offering to start a new series of her very popular series, **Weaving the Stories of Our Life's Journey**. Carol says, "Given a different topic each week, we will be writing about two pages during each week, weaving the memories from our past as they relate to each topic."

Linda Krenicky will facilitate a workshop called "**The Birds & The Bees--Preparing for Conversations About Sexuality, Love and Relationships**." Linda says of this workshop: "It is not about facts and figures--it's about helping parents clarify their own values and increasing their comfort while talking to their children about sex."

Linda will also facilitate a series entitled **Parenting with Positive Discipline**. Positive Discipline focuses on discipline that teaches long-term effectiveness in helping children feel a sense of connection, concern for others, responsibility, and cooperation. Positive Discipline emphasizes learning important social and life skills, finding solutions, and positive ways to contribute in the home, school, and larger community.

Patty Petrie and Carol MacFarlane, will facilitate a UUA curriculum entitled **Parents as Resident Theologians**. This class is designed to help parents consider their own religious beliefs and experiences so that they can better discuss religious issues with their children. We will learn to translate our religious and spiritual beliefs into language that children can understand. We will also discuss the diversity of theological positions among Unitarian Universalists and the ways children respond to life crises. A great opportunity for parents, grandparents, religious education teachers, or anyone interested in exploring their own spiritual journeys and learning how children process religious and spiritual ideas.

Rev. Nina will be facilitating a series of gatherings is called **Evensong** in which participants will be invited to "explore their life journeys and share their thoughts, experiences, doubts, and beliefs about spirituality, religion and the meaning of life, in an environment that invites deep reflection and careful listening."

There will be an opportunity to sign up for these workshops after the 10:00 service on Sundays for the next several weeks. The facilitators will be contacting people who have expressed an interest, and as much as possible will schedule workshops on the basis of when the most people can participate.

At the **Sunday Supplement** on **October 6<sup>th</sup>** after the 10:00 service, you will get a chance to talk with the some of the facilitators of the workshops and series that are currently being proposed, and you will also have the opportunity to provide feedback on other ideas or topics of interest to you. Please plan to attend this Supplement and meet the facilitators.

For any questions, comments or other feedback, before the 6<sup>th</sup> of October please feel free to email [life.enrichment@uufs.org](mailto:life.enrichment@uufs.org) or to contact Linda Smith, Carol MacFarlane or Nina Kalmoutis of the Life Enrichment Committee.

## September 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> 10 a.m. Service  11:30 a.m. Sunday Supplement "Moral Mondays in North Carolina"	<b>2</b>	<b>3</b> Religious Education Committee Meeting 7 p.m. UUFS Office  Worship Associates Meeting 7 p.m.	<b>4</b> Genesis Discussion Group 7:30 p.m. <a href="mailto:genesis.group@uufs.org">genesis.group@uufs.org</a>	<b>5</b> Meditation 8:30-9:30 a.m. <a href="mailto:meditation@uufs.org">meditation@uufs.org</a>  UUFS Choir 7 p.m. <a href="mailto:music@uufs.org">music@uufs.org</a>  Covenant Group 7:15 p.m. <a href="mailto:covenant.groups@uufs.org">covenant.groups@uufs.org</a>	<b>6</b>	<b>7</b> Teacher Orientation 9 a.m. (For details, contact Patty Petrie at <a href="mailto:religious.education@uufs.org">religious.education@uufs.org</a> )
<b>8</b> 10 a.m. Service	<b>9</b>	<b>10</b>  Men's Group 7 p.m. <a href="mailto:mens.group@uufs.org">mens.group@uufs.org</a>	<b>11</b> Board of Trustees Mtg. 7 p.m. <a href="mailto:board.president@uufs.org">board.president@uufs.org</a>	<b>12</b> Meditation 8:30-9:30 a.m. <a href="mailto:meditation@uufs.org">meditation@uufs.org</a>  Women's Group 1 p.m. - 3 p.m. <a href="mailto:womens.group@uufs.org">womens.group@uufs.org</a>  UUFS Choir 7 p.m.	<b>13</b> Social Justice Committee Meeting 10 a.m. <a href="mailto:social.justice@uufs.org">social.justice@uufs.org</a>	<b>14</b> Circle Suppers contact Ursula Gobets for information <a href="mailto:circle@uufs.org">circle@uufs.org</a>
<b>15</b> 10 a.m. Service  Welcome Back Potluck Picnic at Serra Park	<b>16</b>	<b>17</b>	<b>18</b> Family-Friendly Dinner Is anyone willing to host this month? Please email <a href="mailto:social.events@uufs.org">social.events@uufs.org</a>	<b>19</b> Meditation 8:30-9:30 a.m.  UUFS Choir Rehearsal 7 p.m. <a href="mailto:music@uufs.org">music@uufs.org</a>  Covenant Group 7:15 p.m.	<b>20</b>	<b>21</b>
<b>22</b> 9:30 a.m. Family Service  10 a.m. Service  11:30 a.m. Sunday Supplement: "Borderless Dreams"	<b>23</b>	<b>24</b> Weaving the Stories of Our Life's Journey 1:30 p.m. Carol MacFarlane Home of Amy Mori  Men's Group 7 p.m. <a href="mailto:mens.group@uufs.org">mens.group@uufs.org</a>	<b>25</b>	<b>26</b> Meditation 8:30-9:30 a.m.  Women's Book Group 10 a.m.  Women's Group 1 p.m. - 3 p.m.  UUFS Choir 7 p.m.	<b>27</b>	<b>28</b> RE Potluck & Game Night 6 p.m. - 8 p.m. Good Shepherd Hall (For details, contact Patty Petrie at <a href="mailto:religious.education@uufs.org">religious.education@uufs.org</a> )
<b>29</b> 9:30 a.m. Family Service  10 a.m. Service	<b>30</b>				<u>UUFS Office Hours</u> Tuesdays & Thursdays 11 a.m.-3:30 p.m. Fridays 10 a.m. - 1 p.m.	