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## July 2013

### Unitarian Universalist Fellowship of Sunnyvale



**We are a  
Welcoming  
Congregation**

Our Summer Schedule: One Service at 10:00 a.m.  
During the months of July and August, we will not have a Family Service. Our children will join us in the 10:00 a.m. service for a 'Story for All Ages' and then will go to their Religious Education activities. Childcare will be available from 10:00 a.m. – 11:00 a.m. for infants and toddlers. If you have any questions, please contact Patty Petrie, Director of Religious Education at [religious.education@uufs.org](mailto:religious.education@uufs.org).

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**July 7<sup>th</sup> 10:00 a.m. Celebrating Independence & Interdependence on This 4<sup>th</sup> of July Weekend**  
Rev. Nina Kalmoutis

**Sunday Supplement 11:30 a.m. "Moral Mondays In North Carolina"**

Moral Mondays is a social justice movement in Raleigh, North Carolina to protest the adoption in the NC legislature of ALEC written legislation detrimental to many; this includes legislation to disenfranchise voters from some backgrounds. I will present information, but I am not sure I can present for an hour, so please make your lunch plans flexible. My father is a member of the UU Fellowship of Wilmington and a supporter of Moral Mondays. I lived in Winston-Salem, NC for about 7 years long ago. A few years ago, I met the minister of UUFW and she is formidable, in very good ways. Presented by UUFS member, Anita Herrmann.

**July 14<sup>th</sup> 10:00 a.m. Project Outlet**

Come and listen to the stories of youth from Project Outlet. This organization offers support and community for lesbian, gay, bisexual, transgender, queer and questioning (LGBTQQ) youth in the Bay Area. Project Outlet is a program of CHAC, the Community Health Awareness Council. For the sixth consecutive year we welcome this group of inspiring young people to our service. Facilitated by UUFS Member, Michael Thomas.

**July 21<sup>st</sup> 10:00 a.m. Closet Christianity. Did I Throw the Baby Out With the Bath Water?**

Like many of us in the UU community Janna Mitchell was raised in the Christian faith and then moved away to different ideas. Now she searches her heart for the positives and negatives of what Christianity means to her today.

**11:00 a.m. Our Annual Food Drive and Strawberry Shortcake Social (see next page)**

**July 28<sup>th</sup> 10:00 a.m. On Being an Atheist in a Religious Community**

A surprising number of Unitarian Universalists label themselves as atheists. Why would non-believers choose to join a community that is clearly religious in nature? One such atheistic UU'er shares his thoughts. Presented by UUFS Member John Kusters.

Upon request, childcare is available for our Sunday Supplements. Please send your request (one week in advance) to Patty Petrie at [religious.education@uufs.org](mailto:religious.education@uufs.org)

**Friday, July 5<sup>th</sup>, 7:00 p.m. - 9:00 p.m. in the Chapel**  
**The Art of Letting Go: A Stress Management Workshop with Rev. Chris Schriener**

In this workshop participants will learn and practice techniques that quickly ease everyday stresses. Rev. Schriener is a former psychotherapist and the author of "Feel Better Now: 30 Ways to Handle Frustration in 3 Minutes or Less". The suggested donation for this program is \$10, but no one will be turned away for lack of funds. Participants may purchase "Feel Better Now" at a \$5 discount. For more information contact Rev. Schriener at [cschriener@uuma.org](mailto:cschriener@uuma.org).

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**Saturday, July 13<sup>th</sup> 10:00 a.m. - 11:30 a.m. A Spiritual Support Group**

The UUFS Spiritual Support Group, a place to explore and nurture spiritual growth, takes place every second Saturday morning of the month, from 10 a.m. to 11.30 a.m. UUFS members and friends are all welcome to attend. Please contact Janna Mitchell for group location details: [jannaemg@gmail.com](mailto:jannaemg@gmail.com) or (408) 393-8553.

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**Sunday, July 14<sup>th</sup> Second Sunday Community Offering**

On Sunday July 14<sup>th</sup> all offerings with the exception of cash donations in envelopes designated as PLEDGE or UUFS ONLY and checks with the same designations in the memo line will be given to Project Outlet. Since 1997, thousands of lesbian, gay, bisexual, transgender, queer and questioning (LGBTQQ) youth living in the Bay Area have come to Project Outlet for support, community, and opportunities to improve the world. As the Peninsula's only organization for LGBTQQ teens, Outlet is working hard to support and empower local youth by providing counseling, leadership training, advocacy, and outreach awareness. Project Outlet is located in the CHAC Building at 711 Church Street in Mountain View, CA 94041.

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**Wednesday, July 17<sup>th</sup> 6:00 p.m. to 8:00 p.m. Our Family-Friendly Dinner**

This month's dinner will take place at The Pasta Market at 460 E. El Camino Real in Sunnyvale. Questions? Please be in touch with Ed Gibson or e-mail [family.friendly.dinners@uufs.org](mailto:family.friendly.dinners@uufs.org)

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**Sunday, July 21<sup>st</sup> 11:00 a.m. Our Annual Food Drive & Strawberry Shortcake Social**

A favorite social event of the season with all the proceeds going to Sunnyvale Community Services. Timed to coincide with the period when school lunches are available to fewer families, we can meet and eat and best of all enjoy each other's company in the play area outside the RE classrooms. Join us for conversation and organic strawberries from our local farmers' market. We'll collect bags of non-perishable food or even more convenient, cash and checks with which SCS can buy groceries for low income families, often for better prices than are available to us in the stores. Checks collected during the Social should be made payable to Sunnyvale Community Services. Groceries and checks will be delivered to that agency's office the day after our party. If you prefer to contribute a bag of food the most needed items are high protein food such as cans of tuna or stew, jars of peanut butter and packages of Milkman brand powdered milk. NOTHING IN GLASS JARS, PLEASE. You might want to use a grocery shopping trip as an occasion to teach young children something about differences in opportunity in our community.

## Notes from Nina

Summer is here, and as is our practice here at UUFS, summer Sundays in June and July bring to us guest speakers and lay-led services presented by members and friends of our own congregation.

On June 23<sup>rd</sup> Claire Wright offered a service and a supplement built around her heartfelt words, with great musical accompaniment from Anny, Alan and our Children's Choir. On June 30<sup>th</sup> we will be hearing from the Reverend Dr. Chris Schriener, Minister Emeritus of the Mission Peak Unitarian Universalist Fellowship in Fremont who, in addition to his Sunday service, will also be presenting a follow-up workshop on the evening of July 5<sup>th</sup> at 7:00 p.m. in the Chapel.

In the month of July, we will be hearing from some special guests as well from Janna Mitchell and John Kusters - services you won't want to miss! One of the things that I truly appreciate about Unitarian Universalism is the opportunity to hear from members of our own congregation speaking about things that are meaningful to them. If any of you would like to consider presenting a Sunday morning service, I would enjoy talking to you about doing that anytime.

There are also opportunities for any of you who want to offer Sunday Supplements on a topic that you think others in our congregation would be interested in hearing about and/or discussing. Sunday Supplements are offered year-round beginning at 11:30 a.m. after our time of coffee and conversation. Supplements are often, but need not be, related to the topic of the 10:00 a.m. service. Please talk to me about offering a Sunday Supplement if you think that is something you are interested in doing.

I am looking forward to working with our newly formed Adult Programming Committee facilitated by Carol MacFarlane and Linda Smith. We are hoping to offer a wide variety of classes and workshops beginning in the Fall, taking advantage of our expanded use of the Congregational Community Church's facilities. We now have exclusive use of the Chapel on Monday, Tuesday, and Friday nights, and can make arrangements to use the Chapel and Good Shepherd Hall on other days and times as needed. Details about the use of the Congregational Church's facilities follow in this newsletter. If you have any ideas for classes and/or workshops that might be of interest to our congregation or have a class or workshop that you personally would like to offer, please let Carol, Linda or me know.

Wishing you all the best this summer - and always,

Nina

## Facilities Usage at the Congregational Community Church

Here are the hours of room usage per the new lease we have signed with the Congregational Community Church. If you would like to reserve a room or if you have any questions regarding reserving rooms for classes or other Fellowship events, please call (408) 739 - 0549 or e-mail the office at [office@uufs.org](mailto:office@uufs.org) and Jayme Hallberg, our Office Manager, or Rev. Nina will get back to you ASAP.

We have exclusive use of the Chapel during these time

8.5 hours on every Sunday	8:00 am - 4:30 pm
2 hours on every Monday	7:00 pm - 9:00 pm
2 hours on every Tuesday	7:00 pm - 9:00 pm
2 hours on every Thursday	7:00 pm - 9:00 pm
1 hour on every Thursday	8:30 am - 9:30 am
2 hours on every Friday	7:00 pm - 9:00 pm

Chapel usage includes use of the adjacent storage space and bathroom during Chapel Hours. We may also use the Chapel at other times provided there is no conflict with other tenants/renters *and* the activity takes fewer than 10 minutes. By arrangement, we may be able to use the Chapel outside the Chapel Hours listed above for periods of more than 10 minutes by making a reservation.

We have exclusive use of classroom 2 on three hours each Sunday from 10:00 am - 1:00 pm.

We have exclusive use of classrooms 6, 7 and 8 six hours every Sunday 8:00 am - 2:00 pm.

We may also use the playground areas adjacent to all these classrooms during those hours.

We have the use of Good Shepherd Hall from 7pm to 9pm every second and fourth Tuesday of each month.

In addition to the use of the areas described above, in the annual period from 1/1 through 12/31, we can use any of the following portions of the Congregational Church property for up to 52 total hours: the Classrooms, Good Shepherd Hall and the Chapel. These facilities can be used only for meetings, fundraising, and other events on an "as available" basis. Reservations of these Additional Use Areas are in increments of one hour.

**Please note that if you need to cancel a class or an event you must notify Jayme 14 days before the event. If a cancellation is made 13 days or less from the time of the event, we will be charged for the space regardless of whether we use it or not. Thank you!**

# July 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3 <b>Genesis Discussion Group</b> 7:30 p.m. <a href="mailto:genesis.group@uufs.org">genesis.group@uufs.org</a>	4 <b>4<sup>th</sup> of July Holiday</b>	5 <b>The Art of Letting Go</b> A workshop led by Dr. Chris Schriener 7 p.m. - 9 p.m. Chapel	6
7 <b>10 a.m. Service</b>  <b>11:30 a.m. Sunday Supplement</b>	8	9 <b>Men's Group</b> 7:15 p.m. <a href="mailto:mens.group@uufs.org">mens.group@uufs.org</a>	10	11 <b>Meditation</b> 8:30-9:30 a.m. <a href="mailto:meditation@uufs.org">meditation@uufs.org</a>  <b>Women's Group</b> 1 p.m. - 3 p.m. <a href="mailto:womens.group@uufs.org">womens.group@uufs.org</a>  <b>UUFS Choir</b> 7 p.m. <b>Covenant Group</b> 7:15 p.m. <a href="mailto:covenant.groups@uufs.org">covenant.groups@uufs.org</a>	12 <b>Social Justice Committee Meeting</b> 10 a.m. <a href="mailto:social.justice@uufs.org">social.justice@uufs.org</a>	13 <b>10 a.m. Spiritual Support Group</b> Janna Mitchell  <b>Circle Suppers</b> contact Ursula Gobets for information <a href="mailto:circle@uufs.org">circle@uufs.org</a>
14 <b>10 a.m. Service</b>	15 <b>Weaving the Stories of Our Life's Journey</b> 7:30 p.m. Carol MacFarlane	16	17 <b>Family-Friendly Dinner</b> 6 p.m. - 8 p.m. (come when you can) The Pasta Market 460 E. El Camino Real Sunnyvale <a href="mailto:family.friendly.dinners@uufs.org">family.friendly.dinners@uufs.org</a>	18 <b>Meditation</b> 8:30-9:30 a.m.  <b>UUFS Choir Rehearsal</b> 7 p.m. <a href="mailto:music@uufs.org">music@uufs.org</a>	19	20
21 <b>10 a.m. Service</b>  <b>11 a.m. Food Drive &amp; Strawberry Shortcake Social</b> (Area outside RE Classrooms)	22	23 <b>Weaving the Stories of Our Life's Journey</b> 1:30 p.m. Carol MacFarlane  <b>Men's Group</b> 7:15 p.m. <a href="mailto:mens.group@uufs.org">mens.group@uufs.org</a>	24 <b>Board of Trustees Mtg.</b> (pending) 7 p.m. <a href="mailto:board.president@uufs.org">board.president@uufs.org</a>	25 <b>Meditation</b> 8:30-9:30 a.m. <b>Women's Book Group</b> 10 a.m. <b>Women's Group</b> 1 p.m. - 3 p.m. <b>UUFS Choir</b> 7 p.m. <b>Covenant Group</b> TBD	26	27
28 <b>10 a.m. Service</b>	29	30	31		<u>UUFS Office Hours</u> Tuesdays & Thursdays 11 a.m. - 3:30 p.m. Fridays 10 a.m. - 1 p.m.	