



**June 2013**

**Unitarian Universalist Fellowship of Sunnyvale**

Services in the small chapel at the Congregational Church located at Bernardo Avenue & Remington Drive, Sunnyvale, CA 94087

10:00 a.m. Service & Children's Religious Education.

Infant and toddler care is available.

Upon request, childcare is available for our Sunday Supplements.

Please send your request (one week in advance)

to Patty Petrie at [religious.education@uufs.org](mailto:religious.education@uufs.org)



**We are a  
Welcoming  
Congregation**

There will **not** be a Family Service on June 2<sup>nd</sup>, June 23<sup>rd</sup> and June 30<sup>th</sup>.

On those dates our children will join us in the 10:00 a.m. service and then go to their classes.

**June 2<sup>nd</sup> 10:00 a.m. Service                      Celebrating Our Community**

This Sunday we will be having one service for everyone at 10:00 a.m. The children in our Religious Education Program will be sharing projects they have been working on during the year and we will be celebrating all of our volunteers while we enjoy music from "The I Hope Band."

This service will be followed by a special coffee hour where the bidding will begin on our Silent Auction Items after which we will move to Serra Park for our annual Potluck Picnic and the bidding will continue. Everyone is welcome to attend! It will be a great day - come join us!

**June 9<sup>th</sup> 9:30 a.m. Family Service**

10:00 a.m. Service                      ". . . What is it you plan to do with your one wild and precious life?"

**June 16<sup>th</sup> 9:30 a.m. Family Service**

10:00 a.m. Service                      **A Father's Day Service**

Join members of our Men's Group as they share their stories about being fathers and sons.

**June 23<sup>rd</sup> 10:00 a.m. Service                      Speaking on the Unspeakable:  
Feeling a Sense of Belonging and Care**

There is a growing trend in the Baby Boomer generation, among other populations in the United States that is rarely talked about. In today's service the tendency of people who consider taking their own life will be visited and ideas for prevention will be offered. Presented by UUFS member Claire Wright, LMFT.

11:30 a.m. Sunday Supplement    Please stay for a discussion on this topic.

**June 30<sup>th</sup> 10:00 a.m. Service                      The Art of Letting Go  
Stress Management for Busy UUs and Other Busy People!  
Presented by Dr. Chris Schriener**

Our pulpit guest this morning was a psychotherapist and personal growth facilitator for over 20 years. He specialized in stress management, and he believes that most strategies for handling stresses suffer from a fundamental flaw. They simply take too long for today's busy world. Today he will offer spiritual and psychological techniques that work rapidly and directly to relieve real-life pressures and frustrations. Rev. Schriener is Minister Emeritus of Mission Peak Unitarian Universalist Congregation in Fremont. He is the author of five books, including "Feel Better Now: 30 Ways to Handle Frustration in 3 Minutes or Less".

## Summer Schedule for Religious Education

During the months of July and August, we will not have a Family Service. Our children will join us in the 10:00 a.m. service for a 'Story for All Ages' and then will go to their Religious Education activities. Childcare will be available from 10:00 a.m. - 11:00 a.m. for infants and toddlers. If you have any questions, please contact Patty Petrie, Director of Religious Education at [religious.education@uufs.org](mailto:religious.education@uufs.org).

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### Sunday, June 2<sup>nd</sup> UUFS Silent Service Auction & All Fellowship Picnic

What creative offerings and opportunities for fun have your UU friends donated to the service auction?!? Check out the list of donations that came out in a Special E-mail to All on Friday, May 24<sup>th</sup>. Or look for a printed copy at the chapel on Sundays, May 26 and June 2.

The first part of the service auction will take place at 11:00 a.m. on the lawn in front of the chapel. This will be an opportunity for you to make your initial bid. (Or for those of you not attending the picnic, to make your final bid.) At 11:45 a.m., we will temporarily close up shop to move the auction to Serra Park, where our fellowship picnic will be held. While you are barbecuing your chicken or veggie burgers, you can go to the auction tables and continue your bidding battles with your UU friends. The bidding will close sometime between 1:00 p.m. and 1:30 p.m.

If you are still at the picnic when the bidding closes, we hope that you will write a check for your items then. Please bring several checks, as it makes the accounting much easier for our service auction coordinators. Thank you.

For those of you who were not present at the time that the bidding closed, the auction coordinators will contact you the following week to let you know what you have won and how much you owe. All payments should be sent in to the office by the end of the fiscal year, which is June 30<sup>th</sup>. Make your checks out to UUFS, and write service auction in the memo line, as well as the number of the items for which you are paying.

Thank you to all of you who have so generously contributed your services for this event.  
- Carol MacFarlane

## Saturday, June 8<sup>th</sup> Spiritual Support Group

UUFS Spiritual Support Group, a place to explore and nurture spiritual growth, takes place every second Saturday morning of the month, from 10 a.m. to 11.30 a.m. The June group will meet on Saturday June 8, 2013. UUFS members and friends are all welcome to attend. Please contact Janna Mitchell for group location details: [jannaemg@gmail.com](mailto:jannaemg@gmail.com) or (408) 393-8553.

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### Sunday, June 9<sup>th</sup> Second Sunday Community Offering

On Sunday June 9<sup>th</sup> all offerings with the exception of cash donations in envelopes designated as PLEDGE or UUFS ONLY and checks with the same designations in the memo line will be given in support of the Planned Parenthood Mar Monte. Planned Parenthood Mar Monte serves Santa Clara, Santa Cruz, San Benito and Monterey counties. They provide family health services and women's health services including breast cancer screening for women of all ages.

In May, our Second Sunday Collection for the Unitarian Universalist Legislative Ministry brought in \$449.00. Many thanks to all!

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### Friday, July 5<sup>th</sup>, 7:00 p.m. - 9:00 p.m. in the Chapel The Art of Letting Go - A Stress Management Workshop for Members and Friends of UUFS with Dr. Chris Schriener

Following up on his June 30<sup>th</sup> sermon Dr. Schriener will lead a workshop in which participants learn and practice techniques that quickly ease everyday stresses. Dr. Schriener is Minister Emeritus of Mission Peak Unitarian Universalist Congregation in Fremont. He is also a former psychotherapist and the author of "Feel Better Now: 30 Ways to Handle Frustration in 3 Minutes or Less".

The suggested donation for this program is \$10, but no one will be turned away for lack of funds. Participants may purchase "Feel Better Now" at a \$5 discount. For more information contact Dr. Schriener at [cschriener@uuma.org](mailto:cschriener@uuma.org).

## Unitarian Universalist Service Committee Holds Annual Stewardship Council Meeting in San Francisco

The Unitarian Universalist Service Committee (UUSC) is a nonsectarian organization that advances human rights and social justice in the United States and around the world, partnering with those who confront unjust power structures and mobilizing to challenge oppressive policies. The organization envisions a world free from oppression and injustice, where all can realize their full human rights. May 9-11, about 70 supporters of UUSC meet with UUSC president, Rev. Dr. William F. Schulz and staff to hear about and give input to the priorities and direction of the organization. The time was balanced between discussions of internal workings of the organization (e.g. impact assessment, branding and marketing efforts, expansion of the College of Social Justice) and meeting with organizational partners of projects being supported.

We began by being inspired by Anna Lappe, author of Diet for a Hot Planet: The climate crisis at the end of your fork and what you can do about it. In 1971, her mother, Frances Moore Lappe's book, Diet for a Small Planet, sparked how we think about hunger. Anna is trying to bring the same awareness to the relationship between the climate crisis and the food we eat. As we ate dinner, we were also reminded about the work being done by the Restaurant Opportunities Centers United (ROC), focusing on the working conditions in American restaurants.

Many of you are also familiar with (and helped with the letter writing campaign that assisted) the passage of the 4 bills in CA last fall, proclaiming the "Human Right to Water". The UU Legislative Ministry also worked on this project. We heard from Abigail Solis of the Community Water Center of CA and Lucy Hernandez of the West Goshen Water District. Due to all the agriculture in the central valley of CA (and use of fertilizers and pesticides), the water table has been contaminated. While there is still substantial work to be done, to help residents have access to safe, affordable water, the first step was to establish the "Human Right to Water".

While Simon Sangale Ole Nasieku, the National Chairman of the Kenya National Alliance of Street Vendors and Informal Traders (KENASVIT) was denied a visa by the US, he was able to join us via Skype. He has been so successful in organizing the street vendors, the government has now appointed him to an official position. In addition, people from other countries come to see what they have done and to find out how they can replicate the success in their own country.

Another dynamic speaker was Ana Aguayo, of the Northwest Arkansas Workers' Justice Center. She shared about the process of trying to improve the lives of poultry workers and individuals who are undocumented workers. Their work includes safety training classes and teaching workers to know their rights.

We heard about plans to expand the UU College of Social Justice (UUCSJ) (<http://uucsj.org/>), a collaboration of UUSC and the Unitarian Universalist Association, to provide increased opportunities for participation in the work of justice. They have Experiential Learning programs specifically designed for young people, ministers and seminarians, congregations, and the general population. A project in Haiti with the Papaye Peasant Movement (MPP) to build eco-villages (<http://uucsj.org/programs/haiti/> for a video) has been so successful, that the Presbyterian churches have now funded 4 additional eco-villages. Based on what I saw and learned, I'd be interested in doing one of the UUCSJ trips with others from UUFS (<http://uucsj.org/congregational-journeys/>). If you are interested in an Experiential Learning trip to Haiti or New Orleans, please let me know.

The representatives from each of the partner groups praised UUSC for their role in assisting them with their success. I found the Stewardship Council Meeting to be a rewarding and meaningful experience.

For questions, more information, or to borrow "Diet for a Hot Planet", feel free to contact me or go to [www.uusc.org](http://www.uusc.org).

--Namaste, Teri Wiss

## June 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
<p>2</p> <p>10 a.m. Service</p> <p>Service Auction &amp; Picnic</p>	<p>3</p> <p><b>Religious Education Committee</b> 7 p.m. Nina's office <a href="mailto:religious.education@uufs.org">religious.education@uufs.org</a></p> <p><b>Weaving the Stories of Our Life's Journey</b> 7:30 p.m. Carol MacFarlane</p>	<p>4</p> <p><b>Weaving the Stories of Our Life's Journey</b> 1:30 p.m. Carol MacFarlane</p>	<p>5</p> <p><b>Genesis Discussion Group</b> 7:30 p.m. <a href="mailto:genesis.group@uufs.org">genesis.group@uufs.org</a></p>	<p>6</p> <p><b>Meditation</b> 8:30-9:30 a.m.</p> <p><b>UUFS Choir Rehearsal</b> 7 p.m. <a href="mailto:music@uufs.org">music@uufs.org</a></p> <p><b>Covenant Group</b> 7:15 p.m. <a href="mailto:covenant.groups@uufs.org">covenant.groups@uufs.org</a></p>	<p>7</p> <p><b>Weaving the Stories of Our Life's Journey</b> 1:30 p.m. Carol MacFarlane</p>	<p>8</p> <p>10 a.m. <b>Spiritual Support Group</b> Janna Mitchell</p> <p><b>Circle Suppers</b> contact Ursula Gobets for information <a href="mailto:circle@uufs.org">circle@uufs.org</a></p>
<p>9</p> <p>9:30 a.m. <b>Family Service</b></p> <p>10 a.m. Service</p>	<p>10</p>	<p>11</p> <p><b>Membership/Connections Team</b> 10 a.m. <a href="mailto:membership@uufs.org">membership@uufs.org</a></p> <p><b>Men's Group</b> 7:15 p.m. <a href="mailto:mens.group@uufs.org">mens.group@uufs.org</a></p>	<p>12</p>	<p>13</p> <p><b>Meditation</b> 8:30-9:30 a.m. <a href="mailto:meditation@uufs.org">meditation@uufs.org</a></p> <p><b>Women's Group</b> 1 p.m. - 3 p.m. <a href="mailto:womens.group@uufs.org">womens.group@uufs.org</a></p> <p><b>UUFS Choir</b> 7 p.m.</p>	<p>14</p> <p><b>Social Justice Committee Meeting</b> 10 a.m. <a href="mailto:social.justice@uufs.org">social.justice@uufs.org</a></p> <p><b>Weaving the Stories of Our Life's Journey</b> 1:30 p.m. Carol MacFarlane</p>	<p>15</p>
<p>16</p> <p>9:30 a.m. <b>Family Service</b></p> <p>10 a.m. Service</p>	<p>17</p>	<p>18</p>	<p>19</p> <p><b>Family-Friendly Dinner</b> 6:00-8:00 p.m. Sweet Tomatoes 1210 Kifer Road Sunnyvale <a href="mailto:family.friendly.dinners@uufs.org">family.friendly.dinners@uufs.org</a></p>	<p>20</p> <p><b>Meditation</b> 8:30-9:30 a.m.</p> <p><b>UUFS Choir</b> 7 p.m.</p> <p><b>Covenant Group</b> 7:15 p.m.</p>	<p>21</p> <p><b>Weaving the Stories of Our Life's Journey</b> 1:30 p.m. Carol MacFarlane</p>	<p>22</p>
<p>23</p> <p>10 a.m. Service</p> <p>11:30 a.m. <b>Sunday Supplement</b></p>	<p>24</p>	<p>25</p> <p><b>Men's Group</b> 7:15 p.m. <a href="mailto:mens.group@uufs.org">mens.group@uufs.org</a></p>	<p>26</p> <p><b>Board of Trustees Mtg.</b> 7 p.m. <a href="mailto:board.president@uufs.org">board.president@uufs.org</a></p>	<p>27</p> <p><b>Women's Book Group</b> 10 a.m. Home of Mary Kippenhan</p> <p><b>Women's Group</b> 1 p.m. - 3 p.m.</p> <p><b>UUFS Choir</b> 7 p.m.</p>	<p>28</p> <p><b>Weaving the Stories of Our Life's Journey</b> 1:30 p.m. Carol MacFarlane</p>	<p>28</p>
<p>30</p> <p>10 a.m. Service</p>					<p><u>UUFS Office Hours</u> (thru 6/14): Tuesdays &amp; Thursdays 9 a.m.-1:30 p.m. Fridays 9 a.m.-noon</p>	<p><u>UUFS Office Hours</u> (beginning 6/18): Tuesdays &amp; Thursdays 11 a.m.-3:30 p.m. Fridays 10 a.m.-1 p.m.</p>

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## **UUFS Staff Office Hours and Absences**

Office Phone/Voice Mail is (408) 739-0549  
The office is open Tuesday, Thursday and  
Friday mornings.  
Email: [office@uufs.org](mailto:office@uufs.org)

Rev. Nina Kalmoutis  
Email: [minister@uufs.org](mailto:minister@uufs.org)  
Voicemail: (408) 739-0549  
Meetings by appointment

Office Manager: Jayme Hallberg [office@uufs.org](mailto:office@uufs.org)  
Office Hours: Tuesday 9 a.m. – 1:30 p.m.,  
Thursday 9 a.m. – 1:30 p.m. &  
Friday 9 a.m. – 12 p.m.

Patty Petrie, Director of Religious Education  
Email: [religious.education@uufs.org](mailto:religious.education@uufs.org)  
(650) 254-2069 Here every Sunday.  
Meetings by appointment

Communications –  
Do you: want to send e-mail to UUFS?  
need to report a change of address,  
telephone number, etc?  
have an event you want posted on the web?  
Go to [www.uufs.org](http://www.uufs.org) and click on  
“Communications” link.



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