



June 2012 Newsletter

Unitarian Universalist Fellowship of Sunnyvale

Services in the small chapel at the Congregational Church located at
Bernardo Ave. & Remington Drive, Sunnyvale, CA 94087

Family Service 9:30 a.m. – 9:50 a.m.

Main Service 10 a.m. – 11:00 a.m.

Children's Religious Education 10:00 a.m. to 11:15 a.m.

Infant and toddler care is available during the 9:30 and 10 a.m. service



**We are a
Welcoming
Congregation**

June 3rd

9:30 a.m. - 9:50 a.m. Our Family Service

10:00 Service: Stitching Together The Stories of Our Lives

Unitarian Universalist minister Robert Fulghum writes, "I believe that imagination is stronger than knowledge, that myth is more potent than history, that dreams are more powerful than facts (and) that hope always triumphs over experience..." Join Rev. Nina and members of UUFS as we share some of our stories.

June 10th

9:30 a.m. - 9:50 a.m. Our Family Service

10:00 Service: The Celebration Goes On

The 50th anniversary of the founding of our Fellowship continues with more stories and lots of music featuring the I Hope Band. This service will be followed by our Service Auction and our All Fellowship Picnic at Serra Park. Come join the fun!

June 17th

9:30 a.m. - 9:50 a.m. Our Family Service

10:00 Service: Emerson: Ideas on Politics During Troubled Times in America

UUFS members Jo Ford and Ray Sampson will present a discussion of Ralph Waldo Emerson's essay on politics and will include an explanation of some relevant events which occurred during a difficult period of American history. They will include a brief biographical sketch of this famous Unitarian and will consider the question, "Did he practice what he preached?"

11:30 a.m. Sunday Supplement: Taking Action To Ensure Solar Energy

June 24th

Our Summer RE Program begins this Sunday, so there will be no Family Service.

10:00 Service: Got Music? The Art of the Muses Presented by UUFS member Claire Wright
Music has many opportunities to influence us through our lifespan. Some studies have shown how music affects us in ways that aren't commonly known. Looking at music through the eyes of authors, children, filmmakers and musicians, this service will explore and celebrate some of the roles music can play in our lives.

11:30 a.m. Sunday Supplement: Got Music? The Art Of The Muses

Please see page 3 for more information about our June Sunday Supplements.



Living the Life I Imagined
Reverend Nina Kalmoutis

This Fellowship would not be able to do many of the things that we do without YOU - our dedicated volunteers! From those of you who usher, provide refreshments and stay to clean up on Sundays, to all of you who teach in our Religious Education Program; from those of you who staff our Welcome Table to our sound technicians who give us all a 'voice' on Sundays; from those of you who sing in the choir to our Social Events Coordinators and our Social Justice Committee - all of YOU make UUFS what it is!

This month we are looking to recruit a new volunteer. Sarah Wasserman is retiring from her role as the host of our monthly dinners at the Fresh Choice restaurant which take place on the third Wednesday each month from 6:00 pm to 8:00 pm. The duties of the host include making sure that someone makes an announcement during the Sunday service prior to the third Wednesday of the month, reminding people that the flier in their Order of Service should be given to the cashier at the restaurant so that 15% of the cost of meals will be donated to our Fellowship.

The night of the dinner the host needs to arrive 10 minutes before 6:00 and check to see that the restaurant staff has moved a number of single tables together so that they form one large table. The host then sets up the table tent reservation signs and reminders to tip the staff. The host greets UUFS members and friends as they arrive and gives each party a flier if they didn't bring one. If more people arrive than are expected the host can ask the restaurant staff for help moving more tables together. After dinner the host gathers up the table tents and any remaining coupons for use during the following month.

We can consider if we would like to make this position one which someone takes on a month at a time, handing it off to another person after each month's dinner. If you would like to volunteer please call or e-mail the office at (408) 739 - 0549 or office@uufs.org.



Children's Religious Education
Patty Petrie
Director of Religious Education

As we come to the end of our regular school year, I would like to thank all of the people who have been a part of the Religious Education Program. When I look at all of the people who have helped out this year I realize I work in a wonderful community of people who value and care about the children in their community. I would like to start by thanking our teachers. In the K through 2 class: Carol MacFarlane, Corinne Blankenship, Matthew Peterson, Allison Marks, and Demynt Plantenberg. In our 3 through 5 class, Teresa Velasco, Anita Herrmann, Tobi Nielsen, Margaret Lawson, and Ursula Syrova. The Youth Group is Poppy Riggs, Linda Lopez, Dave Flack, and Michael Thomas. A big thanks to Tobi Nielsen for the job she did as our Children's Choir Director. This year we did a lot of fundraising and I would like to acknowledge all of the efforts of those helping with this starting with Bob Lawson and his holiday cards project, the Donahue Family for the OJ sales, Derek Cheng and Heather Hyde for their milkshake making and Joshua Levy for his tomato seedlings. We also had a bake sale for which many parents brought in baked goods.

This summer we are doing an anti-bullying program. There is always room for more helpers. I am looking for adults who at some point had experienced being bullied as a child or have at some point been a bully to share their story with the children. How were you bullied? How did you resolve it? How did it make you feel? And for those who have been bullies it's important that the children know people can change. Please feel free to contact me if you are interested in sharing with the children.

SUNDAY SUPPLEMENTS

Upon request, childcare is available for our Sunday Supplements. Please send your request to Patty Petrie at religious.education@uufs.org. Requests need to be submitted one week in advance. Thank You!

June 10th

Our Annual Service Auction and All Fellowship Picnic

The auction will begin at the church right after the service and will move to Serra Park at noon so the bidding can continue while you enjoy the picnic. Bring a dish to share and come join us at Serra Park anytime after noon this Sunday where we have reserved a large site and will be enjoying good food, good fellowship and fun!

June 17th

Take Action To Ensure Solar Energy Is Safe & Sustainable

Solar energy produces no greenhouse gas emissions and provides an alternative to fossil fuels. However, making solar modules can have consequences for human health and the environment. Sheila Davis, Silicon Valley Toxics Coalition Executive Director, will discuss what actions we can take to ensure Solar energy is safe and sustainable.

June 24th

Got Music? The Art Of The Muses

Please come share your opinions and any personal experiences of ways that music touches you or has affected your life.

Presented by Claire Wright

MONTHLY ACTIVITIES

Genesis Discussion Group June 6th at 7:30 p.m.

The Genesis Discussion Group is a small group of members and friends from our Fellowship community that meets on the first Wednesday of every month to discuss a variety of topics using

sources such as videos and articles. If you are interested in joining us, please contact Dick Wentz genesis.group@uufs.org

Fresh Choice Dinner Wed., June 20th

Come when you can between 6:00pm and 8:00pm and enjoy dinner with members and friends of the congregation. Coupons will be available. UUFS receives 15% of your dinner receipts.

Book Club Meeting Thurs., June 28th

The UUFS Book Club meets monthly and everyone is welcome!

This month's selection:

"Foreskin's Lament" by Shalom Auslander
Held at the home of Mary Kippenhan.

UPCOMING EVENTS

UUFS Service Auction Sunday, June 10th

Mark your calendars! The silent service auction will take place after the Sunday service and then will move to Serra Park and continue during our Fellowship picnic. The fun starts now as we plan our offerings and continues all through the year as we get together for the services donated and purchased. Now is the time to start thinking about what you would like to contribute to the auction. Be creative! Be generous! Have fun!

How about contributing a weekend at your vacation home, pet sitting while someone goes on vacation or a magnificent dessert? Can you offer a fix-it job or create a children's birthday party? Also talk to some friends or a group you belong to and plan the most splendid offering imaginable. Don't just plan a dinner party, plan an event and have fun in the process! Thank you. We appreciate all your donations.

Donation forms will be available during the services on May 13, 20, and 27. Or you may submit your donations via e-mail to activities@uufs.org. The deadline for donations is Sunday, May 27th

-Carol MacFarlane and Kris Mordan
Co-coordinators

BROUGHT TO YOU BY OUR SOCIAL JUSTICE COMMITTEE

Our Second Sunday Offering June 10th

On Sunday June 10th all offerings with the exception of cash donations in envelopes designated as PLEDGE or UUFS ONLY and checks with the same designations in the memo line will be given in support of the Planned Parenthood Mar Monte. Planned Parenthood Mar Monte serves Santa Clara, Santa Cruz, San Benito and Monterey counties. They provide family health services and women's health services including breast cancer screening for women of all ages.

News from the Social Justice Committee

In May, we received this thank-you note from Lakewood School Librarian Tammy Michels: "We got the check for \$381...it's the perfect amount for the ABC Reader books. I ordered the books a few days ago and the total was \$366.01! THANK YOU again for supporting Lakewood...Pam (Principal Pam Cheng) and I appreciate it more than words can say!"

Lakewood School is a vibrant, welcoming, and diverse Sunnyvale public school located near Lawrence Expressway and 101. Many families at Lakewood School are struggling to make ends meet, and are unable to give their school the financial support that public schools in more affluent areas receive. For example, Lakewood families were able to raise \$2k through their walkathon this year, while families at another Sunnyvale public school near our fellowship were able to raise \$98k through this year's walkathon. As you can see, the extra funding that our fellowship provides to the library each year really matters—and this year's purchases will make an extra difference!

Our offerings from Sunday, May 8 have already been used to purchase the complete set of books needed next fall for the 2012-2013 ABC Reader program at Lakewood. This 3-year-long, cyclical book-of-the-month program, part of Project Cornerstone, is being used throughout the Sunnyvale Elementary School district and other

school districts in Silicon Valley. The ABC Reader program supports bullying prevention and character development as well as literacy. For example, this month, students at Lakewood are reading and discussing "Say Something", by Petty Moss. This is the story of a girl who witnesses bully behaviors. One day she is taunted while sitting alone in the cafeteria. While her peers watch in silence, it occurs to her that these bystanders could become UP-standers, if they summoned up the courage to say or do something. Students are using this book to explore the meaning of "respect" and how to recognize and deal with physical, verbal, and relational bullying.

*Relational bullying is something that is difficult for persons outside of the bullying circle to detect because of the hidden style (it's not physically obvious), but why don't children do anything about it? Why, if they're being bullied, don't they make different friends, or tell an adult? The main reason why is that children are often afraid of being alone. Being lonely as a child is often scarier than having no friends at all, even if those friends are bullies. Children are often bullied by the same people whom they call their friends and they will put up with some taunting and conditionality of a relationship, just to have friends. Even if they talk to an adult, it's often hard to figure out who is doing the bullying, because it can easily be a group of people actively or passively participating in the act.

Thank you so much for caring, and for supporting the literacy and healthy development of these students through Lakewood's school library. To learn more about Lakewood School (including a link about Project Cornerstone) please visit: <http://sunnyvaleschool.ca.schoolwebpages.com/education/components/links/links.php?sectiondetailid=12452&> There is always room for volunteers—please consider! You get back more than you give.

The Voluntary Simplicity Movement at UUFS

At UUFS, we are actively helping each other, building community, and making a softer footprint on this world. This is being done through 3 projects we are working on, a Sharing Circle, Time Bank, and swaps. You can become involved in one or all of these projects. We are doing these with "closed" groups, so that only UUFS members and friends can join. You will need to be "approved" by the moderator. To join our yahoo email group, go to UUFS-Simplicity or email Aldona Majorek. If you have a friend who would like to "join", you will need to send an email to the moderator, so they know the person has a connection to someone in our UUFS community.

The Sharing Circle is a way to borrow items from others in our community. You may not need to make that purchase you have been considering. You may just need the one time (or occasional) use of the item. Instead of a purchase, you can ask our community if someone already owns what you need. While I was interested in the concept and wanted to decrease the wasteful purchases, I have taken advantage of this group for my needs, as well. I just went on a trip to the Channel Islands National Park and borrowed a wetsuit and a special battery recharger for my camera. Others who have borrowed items include Hershey and Nina. Maybe you will be next. In addition to my borrowing, I have plenty of items I am willing to loan. Given that I've been in my house for almost 19 years, I have items that range from patio furniture, shade umbrellas, gardening tools, a fruit picker, air beds, bedding, and pillows for extra guests to sleep on, foam mattress toppers, house wares, kitchen items for every day and entertaining, sporting goods, and more. You can send a request through the yahoo email for an item(s) you would like to borrow.

The UUFS Simplicity Group is also beginning a Time Bank. We already have families wanting/needing to exchange baby sitting services, but our Time Bank could include a variety of services done for each other. When using a time bank, you can collect services from someone other than the person you provided services for. Julie Widman created a private UUFS group on the Bay Area Community Exchange (bace.org) website. Go register. Then, BACE will send you an email with a link (to verify your email address). After you click

on that, you will be registered. Then, at the top of the page, click "Groups". Go to page 4 and you will find UUFS. Click on that and a "request" to join the group will be sent to Julie. If you have questions or want to have a friend join our Time Bank, contact Julie Widman. If you have a friend who wants to join our group, you will need to let Julie know or they will not be approved for our group.

Finally, we are also considering Swap Meets. At the moment, we want to encourage folks to participate in produce swaps. As you begin to harvest your gardens and fruit trees, feel free to bring extras with you on Sundays for the social hour after the service.

Julie also talked with Debbie Mytels, of UUFRWC, who gave some good information and resources. If you would like to learn more about these types of projects, go to <http://www.newdream.org/programs/collaborative-communities/community-action-kit/sharing>

If you have questions about the projects we are working on or would like to become more involved, you are encouraged to join us at our monthly meetings. You can contact Teri Wiss for more information or to find out when we will have our next meeting.

June 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3 9:30 a.m. Family Service 10 a.m. Service	4 RE Committee 7:15 p.m. religious.education@uufs.org	5 Membership Committee Meeting 10:00 a.m. membership@uufs.org	6 Genesis Discussion Group 7:30 p.m. genesis.group@uufs.org	7 Meditation 8:30-9:30 a.m. Chapel meditation@uufs.org UUFS Choir Rehearsal 7 p.m. Chapel music@uufs.org	8 Social Justice Committee Meeting 10 a.m. social.justice@uufs.org	9 Circle Lunches & Circle Suppers Contact Ursula Gobets circle@uufs.org
10 9:30 a.m. Family Service 10 a.m. Service UUFS Service Auction & Our Annual All Fellowship Picnic	11	12 Men's Group mens.group@uufs.org	13 Board of Trustees Meeting 7 p.m. (Open to all)	14 Meditation 8:30-9:30 a.m. Chapel Women's Group womens.group@uufs.org UUFS Choir Rehearsal 7 p.m. Covenant Group covenant.groups@uufs.org	15 July newsletter items due newsletter@uufs.org	16
17 9:30 a.m. Family Service 10 a.m. Service 11:30 a.m. Sunday Supplement: Solar Energy	18	19	20 Dinner at Fresh Choice 6:00-8:00 p.m.	21 Meditation 8:30-9:30 a.m. Chapel UUFS Choir 7 p.m. Chapel	22	23
24 10 a.m. Service 11:30 a.m. Sunday Supplement: Got Music?	25	26 Men's Group mens.group@uufs.org	27	28 Meditation 8:30-9:30 a.m. Chapel Women's Group womens.group@uufs.org Book Club UUFS Choir 7 p.m. Chapel Covenant Group	29	30

UUPS Staff Office Hours and Absences

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Patty Petrie, Director of Religious Education
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Here every Sunday. Meetings by appointment

Communications –
Do you: want to send e-mail to UUPS?
need to report a change of address,
telephone number, etc?
have an event you want posted on the web?
Go to www.uufs.org and click on "Communications" link.

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